



First 7 Days Kinship Care Checklist

A practical first-week checklist for grandparents, relatives and other kinship caregivers.

Safety and immediate needs

- ☐ Confirm where the child will sleep tonight.
- ☐ Know medications, allergies and urgent health needs.
- ☐ Identify who can pick the child up and supervise them.
- ☐ Know whether Child Protection, police or another service is involved.
- ☐ Save emergency contact numbers.

Documents and information

- ☐ Health card information.
- ☐ Birth certificate or proof of identity if available.
- ☐ School or child care information.
- ☐ Medication list and pharmacy.
- ☐ Current custody, guardianship, GACP or court documents.

People to contact this week

School or child care

Health provider

Child Protection / GACP worker

Legal information / lawyer

Trusted family support

Money and practical needs

- ☐ Check Canada Child Benefit eligibility or caregiver change.
- ☐ Ask whether GACP applies if Child Protection is involved.
- ☐ List immediate clothing, food, transportation and child care needs.
- ☐ Keep receipts for unusual child-related costs.

One thing that can wait