



Turning 18 Transition Checklist

A practical checklist for grandfamilies preparing a young person for adulthood.

Identification and money

- ☐ Social Insurance Number.
- ☐ Photo identification.
- ☐ Bank account.
- ☐ Understand when CCB ends.
- ☐ Ask when GACP support ends.
- ☐ Learn basic tax filing.
- ☐ Check adult disability or income supports if relevant.

Health and independence

- ☐ Know medications and allergies.
- ☐ Know doctor or nurse practitioner.
- ☐ Understand consent and health privacy at 18.
- ☐ Plan transition from child to adult services.
- ☐ Transportation plan.
- ☐ Emergency contacts saved in the young person's phone.

Education and work

- ☐ High school completion plan.
- ☐ Post-secondary or training applications.
- ☐ Student aid or scholarship research.
- ☐ Resume and references.
- ☐ Employment or volunteer experience.

Housing and relationships

- ☐ Where will the young person live at 18?
- ☐ Household expectations discussed.
- ☐ Support network identified.
- ☐ Plan if they move out and need to return.
- ☐ Ask whether YES or transition housing applies to their status.

Three goals for the next 12 months